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Travelling to Germany for Euro 2024?

Travel health advice for fans going to the 2024 Euros

Football fans are expected to travel to Germany for the <u>UEFA Men's Euro 2024</u> tournament which is due to take place from 14 June to 14 July 2024.

Matches are being held in <u>10 venues</u> across Germany. Twenty-four teams, including England and Scotland, will be in action and details of fixtures can be found on the <u>match schedule</u>.

The <u>Foreign, Commonwealth and Development Office (FCDO)</u> advise travellers to check entry requirements before travel, including passport validity. Make sure you know the latest <u>travel</u> <u>advice</u> for Germany by signing up for FCDO <u>email alerts</u>.

Country-specific information can be found on our <u>Country Information pages</u> and <u>Outbreak Surveillance section</u>. See our new <u>Euro 2024 infographic</u> for quick tips and links to resources on TravelHealthPro.

Advice for travellers

Before you travel

Apply for a <u>Global Health Insurance Card (GHIC)</u>; this helps you access state healthcare at a reduced cost, or sometimes for free. A GHIC is not a substitute for insurance and all fans should have suitable <u>travel insurance</u> that covers them for their trip and any pre-existing conditions.

Check our <u>Germany Country Information page</u> for current vaccine and health advice and see your GP, practice nurse, pharmacist or travel clinic to check you are in date for all appropriate vaccinations including those offered routinely in the UK (for example measles, mumps and rubella).

Take a basic <u>first aid kit</u> containing pain relief, gauze, antiseptic, tape, and plasters. Carry a good supply of any prescription and/or over the counter medicines in your hand luggage. See our <u>travelling with medicines</u> factsheet for more advice.

While you are away

Follow good <u>food and water hygiene advice</u> and wash your hands after visiting the toilet and before preparing or eating food. Alcohol gel is useful when handwashing is not possible.

It may be hot, so remember to drink plenty of non-alcoholic fluids and <u>protect yourself from the sun</u> with clothes, sun glasses and high factor sun screen.

If you plan to visit areas where ticks may occur, including urban parks and woodland areas, reduce your risk of tick spread illness by following <u>tick bite avoidance advice</u>.

Moderate your alcohol intake, avoid alcohol sold in unlicensed places and never accept drinks from strangers or leave your drink unattended. Remember, alcohol reduces inhibitions and can increase your chance of having an accident or doing something risky; you may be refused entry into the



stadium if you drink too much.

Carry your own condoms and practice safer sex. If you think you may have been exposed to a sexually transmitted infection (STI) get medical advice and STI screening as soon as you can.

Transport routes around stadiums are likely to be busy, make sure you are prepared to manage crowded conditions. Advice on <u>personal safety and security</u> in Germany is available from the FCDO.

When you return

If you become unwell after your trip, seek medical advice, explaining that you have travelled abroad.

Resources

- Country Information
- Euro 2024 infographic
- Personal safety
- General travel health advice
- Sun protection
- Outbreak surveillance